Diabetes Distress
And Depression
Re-Learning an
Important Lesson

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Dr. Fisher, PhD is a Diplomate in Clinical Psychology and a professor in the Departments of Family & Community Medicine and Psychiatry at the University of California, San Francisco. He is the author of over 120 papers published in peer reviewed journals and is currently an Associate Editor of Diabetes Care. Dr. Fisher has been the principal investigator of several NIH-funded research programs of research that addressed the personal, cultural, family and care-related aspects of diabetes self-management. He has also been the principal investigator of several NIH- and ADA-funded longitudinal studies to assess factors associated with depression and distress among patients with diabetes, and on interventions to improve the collaborative family management of diabetes and to reduce diabetes distress and burnout over time.

Dr. Fisher is also an investigator on two NIH-funded studies to assist primary care practices to improve the care of patients with diabetes. He has won two major UCSF School of Medicine teaching awards since 2001, was nominated for the UCSF Postdoctoral Scholars Association Outstanding Mentorship Award, and has received a certificate from the American Psychological Association in “Recognition for Substantial Contributions to the Field of Family Psychology and Health.” He maintains an active clinical practice and consults with a variety of professional organizations nationally.